



GLORIA DEI COMMUNITIES

Knowing When It's Time For Mom and Dad To Move

It's not an easy decision to make.

However, if your mom, dad, or both are in their advanced age and having trouble with the everyday tasks of being a homeowner, it may be time to move them to a Personal Care facility. There are many reasons why it's a difficult decision, but one of them being the warning signs. You might not know what to look for. The checklist below should help.

If you notice you're checking off one too many boxes, it might be time to think about moving your parents to a community that will remove those burdens of everyday life.

Are they having trouble:

- Cooking meals
- Cleaning the house
- Cleaning the yard
- Doing their laundry
- Driving to get groceries
- Taking their medications correctly
- Paying their bills on time
- Getting up and down the stairs

Do they remember to:

- Eat 3 times a day
- Turn off appliances when done using them
- Bathe once a day
- Brush their teeth twice a day

Do they require:

- Transportation
- Assistance out of bed
- Assistance in and out of the bathtub
- Treatment for chronic health issues
- Safety equipment around the house

Have they recently:

- Gotten lost in a familiar place
- Fallen at home
- Been to the emergency room
- Reduced their number of social engagements



When completing this checklist, you may notice your parent or loved one may require a lot of help.

Personal Care at The Park can provide them with that help. If you'd like to learn more about this community, as well as its goal for your parent or loved one, click the links found on the following page.

About Gloria Dei

We're A Progressive Care Community

As a Gloria Dei Communities resident you'll benefit from priority access to state-of-the-art progressive care at our Personal Care and Memory Care at the Park facilities. What this means to you is that you will have access to the same level of care — *should you ever need it* — as that offered by a Continuing Care Retirement Community (CCRC) without the commitment or cost.

You will maintain more independence at a Gloria Dei Independent Retirement Living Community than at a CCRC – You will decide when it is time for a higher level of care, not the CCRC.

All of our communities consist of 220 or less private residences to assure an intimate and highly personalized resident experience.

Consider all the Factors When Choosing an Independent Retirement Living Community

As a non-profit, we do not have shareholders so we continually reinvest back into our communities. This actively supports our mission of celebrating the circle of life, supporting our residents and their loved ones and providing the ability to enjoy a happy and fulfilling life at every stage of the journey.

We are deeply-rooted in the community and are not part of a large national organization.

This gives us the freedom to design each of our communities to match the personality, characteristics and local flavor of the wonderful neighborhoods in which they are located.

Access Gloria Dei

All of the important information, right at the tip of your finger!

If you are viewing the pdf on a computer, simply click the buttons below each community's image to learn more about it, or you can download their brochure right to your computer.

